

CASTLE HILL HIGH SCHOOL CANTEEN MENU – SUMMER 2022

ROLLS & WRAPS	
<i>Order through Flexischools to tailor or pre-made options available over the counter.</i>	
½ wrap – Ham, Cheese & Salad	\$4.00
½ wrap – Chicken, Avocado & Lettuce	\$4.00
½ wrap – Salad	\$3.50
½ wrap – Flamed Grilled Chicken	\$4.00
Chicken & Salad Roll	\$5.00
Chicken, Lettuce & Mayo Roll	\$5.00
Salad Roll	\$4.50
Buttered Roll / Unbuttered Roll	\$1.00
SANDWICHES (White / Wholemeal / Multigrain)	
<i>Order through Flexischools to tailor and for GF or pre-made options available over the counter.</i>	
Chicken, Lettuce & Mayo	\$4.50
Leg Ham	\$4.00
Chicken	\$4.00
Salad (lettuce, tomato, beetroot, cucumber, carrot)	\$4.00
Tuna & Lettuce	\$4.00
Egg & Lettuce	\$3.50
Egg / Curried Egg	\$3.00
Cheese & Tomato	\$3.00
Cheese	\$2.50
Ham & Cheese	\$3.00
Ham, Cheese & Tomato	\$3.50
Vegemite	\$2.00
RICE PAPER ROLLS: (Beef / Chicken / Vegetarian / Tuna)	\$4.90
SUSHI ROLLS: (Chicken / Beef / Vegetarian / Tuna)	\$4.50
BREAKFAST – from 8.15am	
Hash Browns (2 per serve) V H	\$3.00
Ham & Cheese Toastie	\$3.50
Cheese Toastie	\$3.00
Toasted Banana bread (Full) / Half	\$1.50
Raisin Toast – per slice	\$1.50
Toast and Vegemite – per slice	\$1.00
SALADS / FRUIT	
Seasonal Fresh Fruit	\$2.00
Watermelon Tub	\$2.50
Bespoke Salads (order only). Various ingredients listed on Flexischools. Prices vary according to selection.	varies
Green Mixed Salad <i>(order through Flexischools)</i>	\$5.50
Caesar Salad <i>(order through Flexischools)</i>	\$5.50
Chicken Caesar Salad <i>(order through Flexischools)</i>	\$6.50
MILK	
Ice Break Coffee 500ml	\$3.80
500ml Large Milk (Chocolate / Strawberry)	\$3.80
300ml Oak (Chocolate / Strawberry / Coffee / Vanilla)	\$2.20
250ml Up & Go (Chocolate / Vanilla)	\$2.30
Plain Milk 600ml	\$2.10
Plain Milk 300ml	\$1.40
ICE CREAMS / ICE BLOCKS	
Juicies (Tropical / Wild Berry) GF	\$1.50
Gelato (Chocolate / Strawberry) GF H	\$2.00
Paddlepop (Chocolate / Rainbow)	\$2.20
Bulla Vanilla Ice Cream Cups GF V H	\$1.50
Paddlepop Icy Twist	\$2.00
Quelch Fruit Juice Stick	\$0.50

GF = Gluten Free / H = Halal / V = Vegetarian

HOT FOOD	
Flame Grilled Chicken Burger (H pattie)	\$5.50
Classic Chicken Burger (H pattie)	\$5.50
Vegetarian Burger V (H pattie) <i>(order through Flexischools)</i>	\$5.50
Chicken Nuggets (x5) (includes sauce) H	\$3.00
Four-N-Twenty Traveller Pie (Pepper)	\$4.00
Mrs Mac Pie (Beef)	\$4.00
Mrs Mac Potato Top Pie	\$4.80
Spinach & Ricotta Roll V	\$4.00
Pork Dumplings (x4) with Soy Sauce	\$4.00
Hot Cheese Roll V	\$2.00
Sausage Roll	\$4.00
Garlic Bread (small) V H	\$2.00
Garlic Bread (large) V	\$3.00
Lasagne – Beef H	\$4.50
Lasagne – Vegetarian <i>(order through Flexischools)</i> V	\$4.50
Cheese Toastie <i>(recess or order online)</i> V	\$3.00
Ham & Cheese Toastie <i>(recess or order online)</i>	\$3.50
Cheese & Tomato Toastie <i>(recess or order online)</i> V	\$3.50
Ham, Cheese & Tomato Toastie <i>(recess or order online)</i>	\$4.00
Macaroni & Cheese <i>(order through Flexischools)</i> V H	\$4.50
Halal Beef Pie <i>(order through Flexischools)</i> H	\$4.50
Halal Sausage Roll <i>(order through Flexischools)</i> H	\$4.00
Sauce Sachet (Tomato / BBQ / Soy)	\$0.30
DRINKS	
Flavoured Pump Water 750ml (Lime / Berry)	\$3.50
Water 600ml	\$2.00
Nippys Fruit Juice 250ml (Orange / Apple)	\$2.00
Iced Tea (Peach / Mango)	\$3.50
Glee (Bubblegum / Tropical / Raspberry)	\$2.50
Groove Watermelon Flavoured Sparkling Mineral Water	\$2.50
Waterfords Lite & Fruity Sparkling Water (Blackcurrant / Passionfruit / Raspberry)	\$2.50
EXTRAS	
Chips (Honey Soy, Sea Salt, Salt & Vinegar) GF	\$1.50
Popcorn 25g (Plain) GF V	\$1.60
Mamee Noodle Snacks (Chicken) H	\$1.00
Delites (Sour Cream and Chives) GF	\$1.00
Eucalyptus Drops 25g	\$1.00
Crispy Fruits (Mango, Pineapple, Apple, Strawberry) GF V	\$1.80
Finger Bun	\$3.00
Croissant	\$2.80
Homemade Choc-Chip Cookie	\$1.00
Homemade Raisin Cookie	\$1.20
Chocolate Mousse	\$1.00

Daily Specials

Mon: Butter Chicken	\$5.50
Tue: Chicken Teriyaki	\$5.50
Wed: Pasta Bolognese	\$5.50
Thu: Creamy Chicken & Bacon Pasta	\$5.50
Fri: Nachos	\$5.50

Beef and chicken used is halal

**GLUTEN FREE & HALAL MENU AVAILABLE
ORDER ONLINE ONLY VIA FLEXISCHOOLS**