

CASTLE HILL HIGH SCHOOL CANTEEN MENU – WINTER 2023

ROLLS	
<i>Order through Flexischools (except buttered/unbuttered which are available over the counter).</i>	
Chicken & Salad Roll	\$6.50
Chicken, Lettuce & Mayo Roll	\$6.00
Salad Roll	\$5.50
Buttered Roll / Unbuttered Roll	\$1.20
SANDWICHES (White / Wholemeal)	
<i>Order through Flexischools and for GF or pre-made options available over the counter.</i>	
Chicken, Lettuce & Mayo	\$5.50
Leg Ham	\$5.00
Chicken	\$5.00
Salad (lettuce, tomato, beetroot, cucumber, carrot)	\$5.00
Tuna & Lettuce	\$5.00
Egg & Lettuce	\$4.50
Egg	\$4.00
Cheese & Tomato	\$4.00
Cheese	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
RICE PAPER ROLLS: (Beef / Chicken / Vegetarian / Tuna)	\$5.10
SUSHI ROLLS: (Chicken / Beef / Vegetarian / Tuna)	\$4.70
BREAKFAST – from 8.15am	
Hash Browns (2 per serve) V H	\$3.50
Ham & Cheese Toastie	\$4.50
Cheese Toastie	\$4.00
Toasted Banana Bread (Full) / Half	\$1.80
Toast with Vegemite – per slice	\$1.50
FRUIT	
Seasonal Fresh Fruit	\$2.50
Watermelon Tub	\$3.50
MILK	
Ice Break Coffee 500ml	\$4.80
500ml Large Milk (Chocolate / Strawberry)	\$4.80
300ml Oak (Chocolate / Strawberry / Coffee)	\$3.00
250ml Up & Go (Chocolate / Vanilla)	\$3.00
Plain Milk 300ml	\$1.80
ICE CREAMS / ICE BLOCKS	
Gelato (Chocolate / Strawberry) GF H	\$2.20
Paddlepop (Chocolate / Rainbow)	\$3.50
Bulla Vanilla Ice Cream Cups GF V H	\$2.00
Paddlepop Icy Twist	\$2.60
Quelch Fruit Juice Stick	\$0.50

GF = Gluten Free / H = Halal / V = Vegetarian

HOT FOOD	
Flame Grilled Chicken Burger (H pattie)	\$6.00
Vegetarian Burger V (H pattie) <i>(order through Flexischools)</i>	\$6.00
Chicken Nuggets (x5) (includes sauce) H	\$3.50
Four-N-Twenty Traveller Pie (Pepper)	\$5.20
Mrs Mac Pie (Beef)	\$5.20
Spinach & Ricotta Roll V	\$5.00
Hot Cheese Roll V	\$4.00
Sausage Roll	\$5.00
Garlic Bread (small) V H	\$2.20
Garlic Bread (large) V	\$3.20
Lasagne – Beef H	\$5.20
Lasagne – Vegetarian <i>(order through Flexischools)</i> V	\$5.20
Cheese Toastie <i>(recess or order through Flexischools)</i> V	\$4.00
Ham & Cheese Toastie <i>(recess or order through Flexischools)</i>	\$4.50
Ham, Cheese & Tomato Toastie <i>(order through Flexischools)</i>	\$5.00
Macaroni & Cheese <i>(order through Flexischools)</i> V H	\$5.20
Halal Beef Pie <i>(order through Flexischools)</i> H	\$5.20
Halal Sausage Roll <i>(order through Flexischools)</i> H	\$5.00
Pumpkin Soup	\$5.50
Pumpkin Soup (with bread roll)	\$6.70
Sauce Sachet (Tomato / BBQ / Soy)	\$0.50
DRINKS	
Flavoured Pump Water 750ml (Lime / Berry)	\$4.80
Water 600ml	\$2.00
Fruit Juice Popper (Orange / Apple)	\$2.20
Iced Tea (Peach / Mango)	\$4.80
Glee (Bubblegum / Tropical / Raspberry)	\$3.00
Groove Watermelon Flavoured Sparkling Mineral Water	\$3.00
Waterfords Lite & Fruity Sparkling Water (Blackcurrant / Passionfruit / Raspberry)	\$3.00
EXTRAS	
Chips (Honey Soy, Sea Salt, Salt & Vinegar) GF	\$1.80
Popcorn 25g (Plain) GF V	\$2.20
Mamee Noodle Snacks (Chicken) H	\$1.20
Delites (Sour Cream and Chives) GF	\$1.20
Eucalyptus Drops 25g	\$1.20
Crispy Fruits (Mango, Pineapple, Apple, Strawberry) GF V	\$2.30
Muffins	\$3.00
Croissant	\$2.80
Homemade Choc-Chip Cookie	\$1.00
Homemade Raisin Cookie	\$1.20
Jelly	\$1.00
Hot Chocolate	\$3.00

Daily Specials

Mon: Butter Chicken with Rice	\$6.00
Tue: Teriyaki Chicken with Rice	\$6.00
Wed: Chicken Hokkien Noddles	\$6.00
Thu: Fried Rice	\$6.00
Fri: Beef Nachos	\$6.00

Beef and chicken used in Daily Specials is halal

**GLUTEN FREE & HALAL MENU AVAILABLE
ORDER ONLINE ONLY VIA FLEXISCHOOLS**